**GOD SPEAKS TO US**

**Passages: Isaiah Chapter 55 and Psalm 139.**

**Keep in mind**:

1) God created you so that the two of you could converse with each other.

2) This time of retreat, although it may seem that you set it apart for God, is really part of God’s plan so that the two of you can spend it together.

3) God has wonderful things to say to you on this retreat. Each time you pray, be sure to take a little time before you start to acknowledge that you are in the presence of and speaking to God.

4) Grace to ask for: to be filled with wonder that God desires to be in conversation with me.

**For your journal or notes:**

Does it seem that God is saying something in particular to me?

Is there something that I want to say to God?

Are there insights that came to me from the Scripture passage or from my prayer?